



A. Art Therapy with Children and Families - Healing Trauma and Loss

Cathy A. Malchiodi, MA, ATR, LPAT, LPCC, CPAT &
(Honorable life member of American Art Therapy Association)
Elizabeth Sanders, LPCA, ATR, CCLS, CTS

18, 19 & 20 July 2006 (9:30am- 12:30pm & 2:00 - 5:00pm)

Venue: Seminar Room 1 & 2, G/F, William MW Mong Block, Li Ka Shing Faculty of Medicine, The University of Hong Kong, 21, Sassoon Road

The workshop will provide information and hands-on experience with art therapy activities used with children and families who have experienced trauma and loss, particularly medical illness and disability, family problems, or grief and bereavement. Students will learn how trauma affects children and families and why visual art activities are important to trauma recovery and healing. In addition to lectures, discussions, films, and case studies, there will be individual and group art activities so that students can practice methods for use with children and families.

B. You are the Music - Analytical Music Therapy (AMT) Self Experiential Workshop

Benedikte B. Scheiby, MA, MMed., DPMT, CMT
(Director of the Institute for Analytical Training, New York)

18, 19 & 20 July 2006 (9:30am- 12:30pm & 2:00 - 5:00pm)

Venue: Seminar Room 6, LG/F, William MW Mong Block, Li Ka Shing Faculty of Medicine, The University of Hong Kong, 21, Sassoon Road

The workshop is for any health professional who is interested in using improvised and composed music as a clinical tool in their work. Participants will learn about key concepts and clinical aspects of the method. It will be based upon participants' self-experiential self-growth work (AMT group music therapy, AMT psychodynamic movement, musical meditation) demonstrating key concepts, techniques, role of instruments/vocals/movement, the music, the music therapist, verbal communication, musical and verbal interventions, and psychodynamic phenomena in the method of AMT. Case examples will present AMT work with adults and children in a psychiatric and in a medical context.



D. Unfolding Layers of Healing through Drama Therapy - The Integrative Five Phase Model

Dr. Renee Emunah, PhD., RDT/BCT

(Director of the Drama Therapy Program in the California Institute of Integral Studies)

24, 25 & 26 July 2006 (9:30am- 12:30pm & 2:00 - 5:00pm)

Venue: G04 Lab2, G/F, S Blk, Queen Elizabeth Hospital, Gascoigne Road

Participants will experience the wide range of therapeutic possibilities within the dramatic medium - from creative, playful, and interactive processes, to in-depth personal, emotional, and psychodramatic work. Elements of therapeutically-adapted creative drama, improvisation, acting, role play, and dramatic ritual will be incorporated. The application of techniques to various clinical populations and age groups, and within hospital settings, will be discussed. Methods of therapeutic intervention within the dramatic mode will be demonstrated. The workshop will explore Emunah's model of drama therapy, which involves a gentle and gradual approach to help people reach both depths of woundedness and heights of potential.

E. Person-Centered Expressive Arts - A Building Block for Health

Dr. Christine Evans, PhD., Clinical Psychologist, ATR-BC

(Cofounder of the Living Arts Center)

24, 25 & 26 July 2006 (9:30am- 12:30pm & 2:00 - 5:00pm)

Venue: 133 Lab 3, 1/F, S Blk, Queen Elizabeth Hospital, Gascoigne Road

It allows experiencing firsthand the benefits of a person-centered approach to expressive arts. Theory and practice will be blended together for a chance to understand intellectually and to explore personally how the arts and the creative connection process, designed by Natalie Rogers, can be a doorway to insight, emotional healing, and personal transformation. Both group activities and one-on-one facilitation will be covered. Drawing, working with clay, poetry writing, drama, sounding, and movement are each used to explore and express the reality of the wordless emotional realities underlying so much of our unique life experiences. Various experiential exercises, group discussions, and didactic training will be offered to illustrate the purpose and value of a person-centered approach, particularly when combined with expressive arts modalities.



F. Application of Graphic Development Theories in Art Therapy Assessment and Intervention

Prof. Liona Lu, D.FA., ATR-BC
(Professor of the Taipei Municipal University of Education)

24, 25 & 26 July 2006 (9:30am- 12:30pm & 2:00 - 5:00pm)

Venue: Seminar 113-115, 1/F, S Blk, Queen Elizabeth Hospital, Gascoigne Road

Workshop will cover definition of art therapy, graphic development theory and its therapeutic application, several developmental aspects accompanied by slide presentation of different clinical cases and some theory-related experiments. Speaker's personal recordings showing how she worked with Attention Deficiency Hyper Disorder (ADHD) and Autism children will be shared. Experiential aspect, aiming to both learning and self-growth, will allow attendees to know way to conduct art therapy activities using visual arts elements. Related rationales and associate themes to be explored using these art materials will be given and discussed.

G. Dance Movement Therapy and Its Applications to Clinical Populations

Dr. Rainbow Ho, PhD, DTR

20 July 2006 (Thur) (9:30am - 12:30pm)

Venue: Seminar Room 3, G/F, Li Ka Shing Faculty of Medicine, The University of Hong Kong, 21, Sassoon Road

Dance Movement Therapy (DMT) is the '*...psychotherapeutic use of movement as a process which furthers the emotional, cognitive, social and physical integration of the individual.*' In this workshop some basic concepts of DMT will be introduced. Participants may also experience some basic processes in DMT and share the joyful experience of dancing together through simple rhythmic steps, dances, games, movements, or something else dependent on the interaction happened during the workshop. Remember to dress comfortably so that you can move freely. Shoes will not be wore during the workshop.



H. Art Facilitation As A Recipe - A Beginning Guide to Connect with and Help Patients/Clients

Julia Byrne, M.A.A.Th., Art Ed.and Ivy Fung, PgDip A.T., SRATH.

24 July 2006 (Mon) (9:00am - 12:00pm)

Venue: Rm 2, G/F, M Blk Queen Elizabeth Hospital, Gascoigne Road

This workshop is designed to offer participants a chance to understand how art and the relationship between the helping professional and the patient/client can be an effective recipe to facilitate the potential to restore physical and/ or emotional health. Participants will have an opportunity to engage in several art facilitation activities for themselves first. The focus will then be to explore, through hands on experiences, numerous art making exercises (art facilitation) that can be integrated into a beginning recipe guide to be applied in their work. Guidelines will be offered, along with beginning art facilitation activity ideas to take away and use.

I. Music and Therapy

Yasmin Li, MA, MT-BC

25 July 2006 (Tue) (9:00am- 12:00pm)

Venue: Rm 2, G/F, M Blk, Queen Elizabeth Hospital, Gascoigne Road

Participants will explore the therapeutic role of music, its fashion and benefits for different clients with the therapist. On top of theories, experiencing the power of therapy will be included along with cases sharing. Active participation is highly recommended. Suitable for those hoping for preliminary understanding of Music Therapy.

J. Expression, Social Communication and Self-exploration in Music Therapy

Raymond Ng, MA, PgD, BMus, BSc

23 July 2006 (Sun) (2:30pm- 5:30pm)

Venue: Rm 1, G/F, M Blk Queen Elizabeth Hospital, Gascoigne Road

Music has its significance and function in therapy. It reflects our mood, acts as a media for communication and even promotes better understanding of self and life exploration. Participants, through extemporaneous methods, will understand how music and instruments express emotions and establish relationships during therapy. Therapist will lead participants a music journey through activities such as listening of music and mind drawing. Suitable for those hoping for preliminary understanding of Music Therapy. Experience in playing musical instruments is not required.

All Workshops will be instructed in English except F in Mandarin, G, I & J in Cantonese.